



POWER PAREN-T-EEN PRESCRIPTIONS

DAILY PRESCRIPTIONS
FOR THE COMMON PARENTAL HEADACHE

VOLUME 1
CARLOS JOHNSON

POWER
PAREN-T-EEN
PRESCRIPTIONS

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FOR THE COMMON PARENTAL HEADACHE
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FOREWORD

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While I was writing the collection of pieces compiled for this book I began to remember questions from parents who attended some of our Power Paren-T-een workshops. Questions such as:

Why do the headaches increase in frequency, as our children get older?

Why do teens feel that they must do the exact opposite of what we tell them?

How much influence does peer pressure really have on my child?

How do we give our children the stability of personal discipline?

How do we help them to make right choices?

And, overall-How can parents help their child strive for and desire success in a culture that embraces mediocrity?

There are no simple answers to these questions; this book is not for parents who want a quick fix or an easy answer; it's for parents who are ready to delve into understanding the dynamics of raising today's teen.

My desire for this book is to support you with small quick parenting information and strategies to reduce your parental stress, increase parental success!

As we all know, sometimes all you need is a small pill for that big headache!

ACKNOWLEDGEMENTS

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First and rightfully so, I have to thank my wife Melissa for the space and time that she allows me to be away from home learning, teaching, and training.

Big credit also goes to all the schools districts, churches, and community organizations that have embraced my philosophy of “Power Paren-T-eeen”. A philosophy that stresses if you want powerful, positive and productive children, communities, churches, schools, or corporations you have to empower parents.

Bigger credit goes to Ann-Marie Morris for her tireless efforts to convince me to write this book [Ann-Marie, your nagging paid off].

To Pastor Brooks and my Evangel Ministries family, how can I ever thank you all for how you have expanded my borders and helped me to realize that my message could and should reach more families.

Lastly, I want to thank the Michigan Chronicle, Sam Logan, Karen Love, Marcus Amick and Terry Cabel for providing the fertile soil in which I plant my seeds of “Power Paren-T-eeen” each week. They were my first and biggest media supporter of the message.

*Special Thanks to the “Christian Family Group”
for their support and example of what
“Power Parenting” is all about:*

*Chris and Michelle Martin, Gregg and Tanya Hines,
Kevin and Janet Burrell, Richard and Helen Sessions*

ABOUT THE AUTHOR

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Carlos Johnson is president of I.M.A.G.E. of Success, Incorporated, and the co-creator of the personal development philosophy and program entitled:

**The I.M.A.G.E.
Personal Success
Youth Empowerment System**

In 1990 when Johnson began talking about ‘creating a philosophy’ and ‘developing a system’ that teaches youth how to *discover, plan and train* for the achievement of *Personal Success*, few people believed he would do it.

Now in the new millennium, the *I.M.A.G.E. Personal Success Youth Empowerment System* is a reality and I.M.A.G.E. of Success; Inc. has become a credible, proven organization in youth and family development.

Johnson’s company utilizes his *I.M.A.G.E.* philosophy of *Personal Success* to conduct seminars, and workshops to assist youth and families with life skills in areas of talent discovery, career planning and life management.

Today, the *I.M.A.G.E. Personal Success Philosophy and Youth Empowerment System* is taught in school systems, juvenile detention facilities, religious institutions and community organizations.

In an effort to prepare young adults for leadership and employment, Johnson opened the *I.M.A.G.E. Personal Success Training Institute* in Northland Mall.

To help parents understand today's teens, and teens understand today's parents; Johnson also conducts workshops for parents entitled: *Power Paren-T-teen Tips - "Strategies for Taking Back the Power."*

His *Power Paren-T-teen* experiences can be read weekly in the Michigan Chronicle or listened to on the newly released *Power Paren-T-teen* CD.

Johnson's personal battle cry is:

"Success is personal therefore,
everyone can achieve ***Personal Success!!***"

TEENS:
A GROWING
STRUGGLE

WE SAID IT WAS O.K.

.....

When did all this craziness start with our youth? Let's see, maybe it started when Madeline Murray O'Hare complained she didn't want any prayer in our schools. And we said O.K.

Maybe it started when our children began to say "I don't want to go to church anymore." And we said O.K.

Maybe it started when women began saying "I don't need a husband for my child" and men began saying "As long as I drop some money off and spend time with the child, I'm a father." And we said O.K.

Then, someone said you better not read the Bible in school... the Bible that says thou shalt not kill, thou shalt not steal, and love your neighbor as yourself. And we said O.K.

Then, Dr. Benjamin Spock said we shouldn't spank our children when they misbehave. We might damage their self-esteem or teach them how to be violent. We thought, an expert should know what he's talking about. And we said O.K.

Then, someone said teachers and principals better not discipline our children when they misbehave. And we said O.K.

Then, some wise school board member said, since boys will be boys and they're going to 'do it' anyway. Let's give our sons all the condoms they want, so they can have all the safe sex and fun they want. And we said O.K.

Then, some wise person said, let our daughters have abortions if they want, and they won't have to even tell their parents. And we said O.K.

And then, the entertainment industry said, we support freedom of speech so let's make TV shows and movies that promote profanity and violence, and illicit sex. And let's record music that encourages rape, drugs, murder, suicide, and satanic themes. And we said O.K.

Now we're asking ourselves- Why is it our children have no conscience? Why is it they don't know right from wrong? Why doesn't it bother them to kill strangers, classmates, or themselves? Probably, if we think about it long and hard, we can figure it out... WE SAID IT WAS O.K.!

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PAREN-T-EEN TIP:

Parents be careful, your O.K. today could mean something totally different from what you will get tomorrow. †

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